# DON'T FORGET YOUR SAFE CLICK CODE!



## CONTACT US TO FIND OUT MORE..

	Log on	www.childline.ie
Ø	Text support	Text 'List' to 50101
I	TEENTXT	Text 'Talk' to 50101
£	Freephone	1800 66 66 66

## CHILDLINE ONLINE...





Child line OnLine

YOUR GUIDE TO STAYING SAFE ONLINE



The Irish Society for the Prevention of Cruelty to Children Head Office: 29 Lower Baggot Street, Dublin 2 Charity Registration No CHY 5102

### REMEMBER THE SAFE CLICK CODE...

#### Safety tips for online and mobile phones

- select the privacy settings which are available on your toolbar, this will keep the information between you and your friends
- Iways use a first name or nickname don't give out personal information online and be honest about your age -membership rules are there to protect you. If you're too young to sign up to a site it means the site isn't appropriate for you
- c ind a balance of time spent online and time doing other things offline
- ngage with people you know don't engage with anyone you don't know or don't trust
- heck your phone's handbook if you're being bullied by phone check your phone to see if you can block numbers
- et a trusted adult go with you if you arrange to meet anyone online but remember people are not always who they say they are
- nformation you upload can be downloaded by anyone think before posting and never post something you wouldn't be happy for everyone to see
- hange your phone number/email address if you're being bullied by phone or online
- eep your identity private don't give out your name, address, phone number, school name, passwords etc or send photos, you might not always know who you are chatting to

### OTHER THINGS TO REMEMBER...

- Tell an adult if you are being bullied online or by phone
- Don't respond to the bully save the evidence and show a trusted adult
- Block the bully; if the harassment is coming in the form of instant messages, texts, or profile comments, use preferences or privacy tools to block the person, if it's in chat, leave the "room", or contact your internet service provider.

## PARENTS HELP YOUR CHILD TO CLICK SAFE

- Communicate explain the risks to your child
  Browse the web WITH your child
- Keep the computer in the family room
- Negotiate rules with your child around internet use agree the consequences that will follow if rules are broken intentionally
- Be aware of, and use, internet safety tools such as filters which block inappropriate websites
- If your child tells you about an upsetting experience or situation don't blame them; help them avoid the problem in the future
  - Advise your children not to provide personal information to strangers online ie: name, address, email address, phone number etc
- Instruct your child never to meet anyone they have met on the web without an adult

The Internet is a great way to have fun and learn about lots of different and interesting things. However, not all websites are safe for children and young people to look at and you have a right to be safe while using the internet.

## CHILDLINE ONLINE STATISTICS



Childline Unline Statistics 2009		
Live text conversations		
Automated texts		
Emails		
One-to-one live chat conversations		
Hits to <u>www.childline.ie</u>		

